



Daily Bread ... (and more)

June 16, 2024 Message Notes

Matthew 6:11-12

NOTES

“I think everyone prays at some point in their life, even if they are not sure someone is listening.” John Eldredge

“Lord, help me; give me strength.”



“Then Samson prayed to the Lord, ‘O God, please strengthen me just once more.’” Judges 16:28

Jesus assures us we can find strength to go on - through God’s provision and pardon.

“Give us today our daily bread. And forgive us our debts as we also have forgiven our debtors.” Matthew 6:11-12

The first part is often easier to pray than the second part.

We can ask and count on God to provide what we need to keep body and soul together.

Scholars agree that the term bread here refers to all the necessities of life.

Set pride aside and admit – without bread we’re dead.

For those willing to admit they really can’t buy everything they truly need, Jesus says, “You can ask Our Father and He will be there for you.”



Once you have surrendered yourself to God, to knowing and doing His will, you can call on the power of heaven for whatever it takes to help you there.

We are made in the image of God and He wants to be in relationship with us.

“Man shall not live by bread alone...” Matthew 4:4

What do we do with our mistakes and failures? Our missteps? When we feel others have wronged us and owe us?

You are wired to evaluate, to recognize right and wrong, appreciate excellence, pursue justice and to sense when something's not right or off-center.

“Forgive us our debts, as we also have forgiven our debtors.” Matthew 6:12

Everybody needs forgiveness and everyone can be a forgiver.



The word used for debt is a general term for all kinds of offenses that need settling – for sins that create separation in relationships.

Have you noticed that we are more sensitive to being wronged than to where others have received such treatment from us?

Many people live with unresolved grief; bear grudges and carry hurt feelings that fester into resentment, bitterness, contempt, hatred and worse.

Our Father doesn't want sin to separate people from Him or each other.

To forgive means not allowing another's action to build a barrier between you and them.

An unforgiving spirit rejects the very forgiveness God offers.

The way to a guilt and shame-free life isn't by pretending it's not real or by dodging responsibility.



The way to freedom and healing is by facing, gracing and replacing our grudge-bearing with forgiveness.

Forgiveness is the most advanced spiritual work a human being can do.

Forgiveness is the ultimate empowerment. No offender can take its transformative ability away from you.

It is your superpower in Jesus Christ and our Father to receive and release grace that forgives. It's available to you in prayer.

“This, then, is how you should **pray...**” Matthew 6:9

Without forgiveness we have no future. We get stuck.

Face your need. Ask the Holy Spirit to help you name it.

Grace your need. Take it to the cross of Jesus Christ, God's Lamb who “takes away the sin of the world.” John 1:29



Replace your need with God's forgiveness. Receive it for your sins by faith. Release it to cover your offender by faith. Christ paid the debt in full.

Prayer is not an Aladdin's lamp where God is a genie guaranteeing your wishes.

What Jesus is teaching brings freedom and healing.

Thank you, heavenly Father, that we can't out-sin your grace. That you bring provision and pardon into our lives, bringing peace of mind, cleansing of soul and healing of heart. Teach us how to receive them and release them by faith in love so others can also find freedom. Amen.

